

Philosophy of Happiness

PHI 326 Syllabus

Course Description (from ASU catalog):

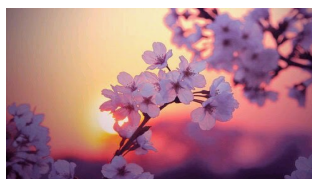
Examines ancient and contemporary philosophical models of happiness and consideration of criteria for living a life of human flourishing.

Course Objectives:

This course will examine the concept and nature of happiness. We will consider what happiness is, its significance within a life of human flourishing, and practical application of various principles of happiness. This course will consider happiness from a philosophical approach by examining various ethical theories and traditions, viz. Virtue Ethics, Christian Ethics, and Buddhist Ethics. In this way students may: (1) create a foundation for further inquiry, (2) broaden their conceptual, theoretical, and pragmatic understanding of happiness, and (3) examine individual and societal assumptions of happiness. The readings, lectures, class participation and assignments are designed to encourage the development of critical, creative, and integrative thinking skills. Introspective reflection is highly encouraged.

- Gain a broader theoretical and conceptual understanding of the conception of happiness
- Examine the philosophical history of the notions of happiness and well-being
- From a philosophical perspective, examine the psychology of individual happiness and consider criteria for determining what constitutes a life of human flourishing
- Introspectively reflect and examine personal concepts of happiness
- Consider prescriptions for living a happier life within the Christian and Buddhist Traditions
- Articulate assumptions inherent in societal notions of happiness
- Glean principles for practical application in daily life

Our humanity comes to its fullest bloom in giving. ~ Henri Nouwen



Instructor: Dr. Elaine K Yoshikawa

Email Address: Elaine.Yoshikawa@asu.edu

This is the best way to contact me. I usually respond the same day or the next. If you have not heard from me within a reasonable amount of time, please check your spam filter first, and feel free to email me again.

Pre-requisites: ENG 102, 105 or 108 with C or higher

Recommended: PHI 101 or PHI 105 or at least one upper-division PHI course

Recommended: Senior, Junior, or non-traditional student

Required Course Textbooks:

Happiness: Classic and Contemporary Readings in Philosophy

Editors: Steven M. Cahn and Christine Vitrano, Oxford University Press, 2008

ISBN: 978-0-19-532140-1

The text is available at most retail online bookstores such as Amazon.com, BarnesandNoble.com, etc.

Also, there are a few copies available at the ASU Bookstore at: <http://bookstore.asu.edu/>

All additional readings will be available on Canvas

Course Canvas Site

To access the Course Canvas site, click on “myASU” on the ASU homepage or point your browser to <https://myasucourses.asu.edu>



Grade Requirements:

Exam 1:	30%
Exam 2:	30%
Exam 3:	30%
Forum Posts:	10%

There is no extra credit, however since online discussion posts are graded on a Pass (=C or higher)/Fail (=D or lower) basis, they function similarly to extra credit by raising your cumulative score. It is in your best interest to submit all required posts.

Grade Scale:

90-100%	A
80-89%	B
70-79%	C
60-69%	D
0-59%	E

Exam Schedule:

Exam One: Friday, September 2, 6:00 AM – Sunday, September 4, 11:59 PM (MST)
Exam Two: Friday, September 16, 6:00 AM – Sunday, September 18, 11:59 PM (MST)
Exam Three: Thursday, October 6, 6:00 AM – Friday, October 7, 11:59 PM (MST)

Forum Posts due by 11:59 pm (MST):

Sunday, September 4
Sunday, September 11
Sunday, September 18
Sunday, September 25
Friday, October 7

Course Content and Scheduled Assignments: see page 11 below

College and University Policies

College of Integrative Sciences and Arts:

College Contact:

This course is offered by the [College of Integrative Sciences and Arts](https://cisa.asu.edu) (CISA). For more information about the college, visit our website: <https://cisa.asu.edu>.

Trigger Warning

Please note that some course content may be deemed offensive by some students, although it is not the intention to offend anyone. In addition, some materials that we link with online might also be considered offensive, troubling, or difficult to review in terms of language or graphics. I attempt to provide warnings when introducing this kind of material; yet if I forget to do so, or if something else (in my materials or posts from fellow students) seems offensive, please contact me at elaine.yoshikawa@asu.edu, or the faculty head, [Andrew Mara](#).

Establishing a Safe Environment

Learning takes place best when a safe environment is established in the classroom. In accordance with [SSM 104-02 of the Student Services Manual](#), students enrolled in this course have a responsibility to support an environment that nurtures individual and group differences and encourages engaged, honest discussions. The success of the course rests on your ability to create a safe environment where everyone feels comfortable to share and explore ideas. We must also be willing to take risks and ask critical questions. Doing so will effectively contribute to our own and others intellectual and personal growth and development. We welcome disagreements in the spirit of critical academic exchange, but please remember to be respectful of others' viewpoints, whether you agree with them or not.

Email Communication

ASU email is an official means of communication among students, faculty, and staff. Students are expected to read and act upon email in a timely fashion. Students bear the responsibility of missed messages and should check their ASU-assigned email regularly. *All instructor correspondence will be sent to your ASU email account.* For help with your email go to: MyASU > Service > Live Chat OR New Ticket.

Prohibition of Commercial Note-taking Services

In accordance with [ACD 304-06 Commercial Note Taking Services](#), written permission must be secured from the official instructor of the class in order to sell the instructor's oral communication in the form of notes. Notes must have the note taker's name as well as the instructor's name, the course number, and the date

This course is offered through the Faculty of Interdisciplinary Humanities and Communication in ASU's College of Integrative Sciences and Arts. If you have questions or concerns about the administration of the course, you should first contact the

course instructor. The interim Faculty Head of Interdisciplinary Humanities and Communication is Vanessa Fonseca: <https://cls.asu.edu/ihc>

Incomplete Grades: A course grade of “Incomplete” will be given only in extreme situations because the sad story is that most students who request incompletes never finish the course. Please visit <http://www.asu.edu/registrar/forms/regforms.html> under the Academic Record Forms section for the Incomplete Grade Request form, which is available in both *Word* and as a PDF. The form must be completed by the student, signed by the student, the instructor, and the department chair or school director.

Student Support Services

Polytechnic campus site: <http://www.poly.asu.edu/students/services/>

The Writing Center at the Polytechnic Campus: The Polytechnic Writing Center offers tutoring services to all students on any sort of writing project. Writing tutors can help with any stage of the writing process, including choosing a topic, brainstorming, clarifying a thesis, organization of ideas or paragraphs, grammar, citation styles, and more. The Center is located in the Academic Center Building on the Lower Level. Although walk-ins are accepted, it is strongly recommended that you make an appointment. Please call (480) 727-1452 to schedule an appointment. Online tutoring is also available if you cannot come in. Visit the Writing Center’s website (<http://studentsuccess.asu.edu/polytechnic/writing>) for more information.

ASU Libraries - offers 24/7 access to librarians through "Ask a Librarian" online chat and help by librarians in person at the Reference Desk during most hours the libraries are open. <http://lib.asu.edu/>

Polytechnic campus link: <http://lib.asu.edu/poly/>

Counseling and Consultation – provides confidential mental health and career counseling services for all ASU students. <http://students.asu.edu/counseling>
Polytechnic campus site (Student Counseling Services):
<http://students.asu.edu/counselingpoly>

Student Success Centers – the Student Success Center (SSC) on each ASU campus provides an array of support services that promote students' academic success. The SSC supports classroom instruction by helping students become better learners and gain the confidence and skills to achieve their greatest possible academic success.
<http://studentsuccess.asu.edu/>

The Student Success Center at the Polytechnic Campus provides a variety of support services that promote students’ academic success. The SSC’s programs help students to become better learners and to gain the confidence and skills to do well in their courses. At the Polytechnic campus, the SSC provides the following services FREE of charge to ASU students: (1) subject area tutoring, (2) writing tutoring for any writing assignment, (3) supplemental instruction for MAT 170 and CHM 113, (4) academic success workshops on topics like reading strategies and studying for exams, and (5) individual as well as group study space. For questions, please call (480) 727-1452 or stop by. For more information and for tutoring schedules, please visit our web site at

<http://studentsuccess.asu.edu/polytechnic>. The SSC is located in the Academic Center Building (CNTR) on the Lower Level. To see a campus map, please visit <http://www.asu.edu/map/interactive/>

Career Services – offers assistance to students in choosing a major, setting career goals, interviewing and job hunting strategies. <http://students.asu.edu/career>
Polytechnic campus site: <http://students.asu.edu/career/poly>

Student Financial Aid Office – offers information and applications for student funding such as grants, loans, scholarships and student employment.
<http://students.asu.edu/financialaid>

Polytechnic campus site: <http://www.asu.edu/fa/> (same as general ASU site)

Student Health and Wellness Center – provides non-emergency medical health care to all ASU students regardless of insurance status. Most visits with a physician or nurse practitioner are free of charge, but fees will be incurred for x-rays, lab results, etc.
www.asu.edu/health/

Polytechnic campus site: same

Student Recreational Center – offers individual and group fitness opportunities, as well as information on nutrition and wellness, and massages. Use of the general facilities (weights, circuit training and cardio machines) are free, other services (yoga classes, massages) are fee-based. www.asu.edu/src/
Polytechnic campus site: <http://www.poly.asu.edu/pac/>

Student Legal Assistance – provides legal advice and counsel free of charge to all ASU students in areas such as landlord-tenant law, credit reports and collection issues, taxability of scholarships and grants, etc. Notary service is also available at no charge.
<http://www.asu.edu/studentaffairs/mu/legal/>

Information Technology on the Polytechnic campus:
<http://campus.asu.edu/polytechnic/uto>

EMPACT Crisis Hotline – offers free 24-hour support for mental health crises. Call (480) 784-1500 in the Phoenix area, (866) 205-5229 for the toll-free number outside of Phoenix, and (480) 736-4949 for the sexual assault hotline. All services are free and confidential. <http://www.empact-spc.com/>

Military Benefits:

If you have any questions regarding benefits for veterans, please contact the Pat Tillman Veterans Center at: <https://veterans.asu.edu/>

University Policies:

Drop and Add Dates/Withdrawals

If you are unable to take this course for any reason, be aware that there is a limited timeline to [drop or add the course](#). Consult with your advisor and notify your instructor to add or drop this course. If you are considering a withdrawal, review the following ASU

policies: [Withdrawal from Classes](#), [Withdrawing as a Financial Aid Recipient](#), [Medical/Compassionate Withdrawal](#), and a [Grade of Incomplete](#).

Grade Appeals

Students must first speak with the instructor of the class to discuss any disputed grades. If, after review, a resolution is not achieved, students may proceed with the appeal process. Student grade appeals must be processed in the regular semester immediately following the issuance of the grade in dispute (by commencement for fall or spring), regardless whether the student is enrolled at the university. Complete details are available in the [CISA Grade Appeals policy](#).

Academic Integrity

Academic honesty is expected of all students in all examinations, papers, laboratory work, academic transactions and records. The possible sanctions include, but are not limited to, appropriate grade penalties, course failure (indicated on the transcript as a grade of E), course failure due to academic dishonesty (indicated on the transcript as a grade of XE), loss of registration privileges, disqualification and dismissal. For more information, see provost.asu.edu/academicintegrity.

If you fail to meet the standards of academic integrity in any of the criteria listed on the university policy website, sanctions will be imposed by the instructor, college, and/or dean. Academic dishonesty includes, but is not limited to, cheating on an academic evaluation or assignment, plagiarizing, academic deceit (such as fabricating data or information), or falsifying academic records. Turning in an assignment (all or in part) that you completed for a previous class is considered self-plagiarism and falls under these guidelines. Any infractions of self-plagiarism are subject to the same penalties as copying someone else's work without proper citations. Students who have taken this class previously and would like to use the work from previous assignments should contact the instructor for permission to do so.

If you have any questions about your work and the academic integrity policy, please discuss your assignment or concerns with your instructor, teaching assistant, or your college Academic Integrity Officer in advance of submitting an assignment. Student resources on Sun Devil Integrity and strategies for completing your work with integrity and avoiding plagiarism are available here: [ASU Student Resources for Academic Integrity](#) or provost.asu.edu/academicintegrity for more information.

Harassment Prohibited

ASU policy prohibits harassment on the basis of race, sex, gender identity, age, religion, national origin, disability, sexual orientation, Vietnam era veteran status, and other protected veteran status. Violations of this policy may result in disciplinary action, including termination of employees or expulsion of students. Students are encouraged to report harassment to instructors and the Dean of Students Office.

Student Conduct

ASU and the College of Integrative Sciences and Arts expects and requires its students to act with honesty, integrity, and respect. Required behavior standards are listed in the [Student Code of Conduct and Student Disciplinary Procedures](#), [Computer, Internet, and Electronic Communications policy](#), [ASU Student Academic Integrity Policy](#), and outlined by the [Office of Student Rights & Responsibilities](#). Anyone in violation of these policies is subject to sanctions. [Students are entitled to receive instruction free from interference](#) by other members of the class. An instructor may withdraw a student from the course when the student's behavior disrupts the educational process per [Instructor Withdrawal of a Student for Disruptive Classroom Behavior](#). The Office of Student Rights and Responsibilities accepts [incident reports](#) from students, faculty, staff, or other persons who believe that a student or a student organization may have violated the Student Code of Conduct.

Students must refrain from uploading to any course shell, discussion board, or website used by the course instructor or other course forum, material that is not the student's original work, unless the students first comply with all applicable copyright laws; faculty members reserve the right to delete materials on the grounds of suspected copyright infringement.

Title IX

Title IX is a federal law that provides that no person be excluded on the basis of sex from participation in, be denied benefits of, or be subjected to discrimination under any education program or activity. Both Title IX and university policy make clear that sexual violence and harassment based on sex is prohibited. An individual who believes they have been subjected to sexual violence or harassed on the basis of sex can seek support, including counseling and academic support, from the university. If you or someone you know has been harassed on the basis of sex or sexually assaulted, you can find information and resources at <https://sexualviolenceprevention.asu.edu/faqs>.

As a mandated reporter, I am obligated to report any information I become aware of regarding alleged acts of sexual discrimination, including sexual violence and dating violence. ASU Counseling Services, <https://eoss.asu.edu/counseling>, is available if you wish to discuss any concerns confidentially and privately. ASU online students may access 360 Life Services, <https://goto.asuonline.asu.edu/success/online-resources.html>.

Student Accessibility and Inclusive Learning Services (SAILS)

Qualified students with disabilities who will require disability accommodations in this class are encouraged to make their requests to the instructor at the beginning of the semester either during office hours or by appointment. Note: Prior to receiving disability accommodations, verification of eligibility from the Student Accessibility and Inclusive Learning Services is required. Disability information is confidential.

Student Accessibility and Inclusive Learning Services (eoss.asu.edu/drc)

Email: DRC@asu.edu

DRC Phone: 480-965-1234

DRC FAX: 480-965-0441

Statement on Inclusion

Arizona State University is deeply committed to positioning itself as one of the great new universities by seeking to build excellence, enhance access, and have an impact on our community, state, nation, and the world. To do that requires our faculty and staff to reflect the intellectual, ethnic, and cultural diversity of our nation and world so that our students learn from the broadest perspectives, and we engage in the advancement of knowledge with the most inclusive understanding possible of the issues we are addressing through our scholarly activities. We recognize that race and gender historically have been markers of diversity in institutions of higher education. However, at ASU, we believe that diversity includes additional categories such as socioeconomic background, religion, sexual orientation, gender identity, age, disability, veteran status, nationality, and intellectual perspective.

Mental Health

As a student, like anyone else, you may experience a range of challenges that can interfere with learning, such as strained relationships, increased anxiety, substance use, feeling down, difficulty concentrating, and/or lack of motivation. These emotional health concerns or stressful events may diminish your academic performance and/or reduce your ability to participate in daily activities. ASU Counseling Services provides counseling and crisis services for students who are experiencing a mental health concern. Any student may call or walk-in to any ASU counseling center for a same-day or future appointment to discuss any personal concern. Here is the website:

eoss.asu.edu/counseling. After office hours and 24/7 ASU's dedicated crisis line is available for crisis consultation by calling 480-921-1006.

Establishing a Safe Environment

Learning takes place best when a safe environment is established in the classroom. In accordance with [SSM 104-02](#) of the Student Services Manual, students enrolled in this course have a responsibility to support an environment that nurtures individual and group differences and encourages engaged, honest discussions. The success of the course rests on your ability to create a safe environment where everyone feels comfortable to share and explore ideas. We must also be willing to take risks and ask critical questions. Doing so will effectively contribute to our own and others' intellectual and personal growth and development. We welcome disagreements in the spirit of critical academic exchange, but please remember to be respectful of others' viewpoints, whether you agree with them or not.

All incidents and allegations of violent or threatening conduct by an ASU student (whether on- or off-campus) must be reported to the ASU Police Department (ASU PD) and the [Office of the Dean of Students](#). If either office determines that the behavior poses or has posed a serious threat to personal safety or to the welfare of the campus, the student will not be permitted to return to campus or reside in any ASU residence hall until an appropriate threat assessment has been completed and, if necessary, conditions for return are imposed. ASU PD, the Office of the Dean of Students, and other appropriate offices will coordinate the assessment in light of the relevant circumstances.

Prohibition of Commercial Notetaking Services

In accordance with [ACD 304-06 Commercial Note Taking Services](#), written permission must be secured from the official instructor of the class in order to sell the instructor's oral communication in the form of notes. Notes must have the note taker's name as well as the instructor's name, the course number, and the date.

Course Evaluation

Students are expected to complete the course evaluation. The feedback provides valuable information to the instructor and the college and is used to improve student learning. Students are notified when the online evaluation form is available. The results are always anonymous and cannot be reviewed by the instructor/department until after final grades have been posted.

Academic Affairs Manual

For a complete guide to Arizona State University course policies, please refer to the [Academic Affairs Manual \(ACD\)](#).

Syllabus Disclaimer

The syllabus is a statement of intent and serves as an implicit agreement between the instructor and the student. Every effort will be made to avoid changing the course schedule but the possibility exists that unforeseen events will make syllabus changes necessary. Remember to check your ASU email and the course site often.

Campus Resources

As an ASU student you have access to many resources on campus. This includes tutoring, academic success coaching, counseling services, financial aid, disability resources, career and internship help and many opportunities to get involved in student clubs and organizations.

- Tutoring: <https://students.asu.edu/academic-success>
- Counseling Services: <http://students.asu.edu/counseling>
- Financial Aid: <http://students.asu.edu/financialaid>
- Disability Resource Center: <http://www.asu.edu/studentaffairs/ed/drc/>
- Major/Career Exploration: <http://uc.asu.edu/majorexploration/assessment>
- Career Services: <http://students.asu.edu/career>
- Student Organizations: <http://www.asu.edu/studentaffairs/mu/clubs/>
- ASU Writing Centers: <https://tutoring.asu.edu/writing-centers>
- ASU Police Department: <https://cfo.asu.edu/police>
- International Student Resources:
<https://students.asu.edu/international/support/academic>

Course Content and Schedule (subject to change)

The page numbers below refer to the course textbook.

Article and Lecture links are located in *Readings and Assignments* (in each Module).

Issues & Pearls of Wisdom Forums links are located in *Readings and Assignments*.

Module 1: 8/18-28	
Introduction	Materials in Module 0: Read Me First Lecture 1
Plato	p. 3 The Republic Lecture 2
Aristotle	p. 19 The Nicomachean Ethics Lecture 3
Seneca	p. 41 “On the Happy Life” Lecture 4
Optional Forum	Introductions

Module 2: 8/29-9/4	
Epictetus	pdf file: <i>The Art of Living</i> Lecture 5
Julia Annas	p. 238 “Happiness of Achievement” Lecture 6
Julia Annas	p. 245 “Virtue and Eudaimonism” Lecture 7
2 Forums	Issues Forum (1 post) and Pearls of Wisdom Forum (2 posts) Posts due: Sunday, September 4 by 11:59 pm (MST)

Exam One	Friday, Sep 2, 6:00 AM – Sunday, Sep 4, 11:59 PM (MST) Will cover Modules 1 and 2 You will be given a maximum of 2 hours to complete the exam If you are taking the exam out-of-state, please reconfigure for your time zone A Study Guide is available in the Module
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Module 3: 9/5-11	
Friedrich Nietzsche	p. 152 “On the Uses and Disadvantages of History for Life” Lecture 8
John Stuart Mill	p. 121 <i>Utilitarianism</i> pdf file: “A Crisis in My Mental History” Lecture 9
David Hume	p. 86 “The Skeptic” Lecture 10
2 Forums	Issues Forum (1 post) and Pearls of Wisdom Forum (2 posts) Posts due: Sunday, September 11 by 11:59 pm (MST)

Module 4: 9/12-18	
St. Augustine	p. 51 “The Happy Life” Lecture 11
St. Thomas Aquinas	p. 60 <i>Summa Contra Gentiles</i> Lecture 12
The Dalai Lama	pdf file: “The Benefits of Altruism” Lecture 13
2 Forums	Issues Forum (1 post) and Pearls of Wisdom Forum (2 posts) Posts due: Sunday, September 18 by 11:59 pm (MST)

Exam Two	Friday, Sep 16, 6:00 AM – Sunday, Sep 18, 11:59 PM (MST) Will cover Modules 3 and 4 You will be given a maximum of 2 hours to complete the exam If you are taking the exam out-of-state, please reconfigure for your time zone A Study Guide is available in the Module
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Module 5: 9/19-25	
Happiness and the Mind	Lectures 14, 15, 16
Walpola Rahula	pdf file: “The Four Noble Truths” Lecture 17 Lecture 18
Marsha Sinetar	pdf file: “The Psychology of Right Livelihood” Lecture 19
Karl Marx	Pdf file: “Alienated Labour” Lecture 20
Richard Kraut	p. 201 “Two Conceptions of Happiness” Lecture 21
2 Forums	Issues Forum (1 post) and Pearls of Wisdom Forum (2 posts) Posts due: Sunday, September 25 by 11:59 pm (MST)

Module 6: 9/26-10/7	
Kolak and Martin	pdf file: “Meaning” Lecture 22
Martha Nussbaum	pdf file: <i>Therapy of Desire</i> Lecture 23

Julia Annas	pdf file: <i>Morality of Happiness</i> Lecture 24
Tom Morris	pdf file: <i>If Aristotle Ran General Motors</i> Lecture 25
Christopher Peterson	Pdf file: "Positive Psychology" Lecture 26
2 Forums	Issues Forum (1 post) and Pearls of Wisdom Forum (2 posts) Posts due: Friday, October 7 by 11:59 pm (MST)
Exam Three	Thursday, Oct 6, 6:00 AM – Friday, Oct 7, 11:59 PM (MST) Will cover Modules 5 and 6 You will be given a maximum of 2 hours to complete the exam. If you are taking the exam out-of-state, please reconfigure for your time zone A Study Guide is available in the Module
	<i>Final Grades will be available on My ASU</i>

*If you want others to be happy, practice compassion
If you want to be happy, practice compassion
~ The Dalai Lama*



Suggested Readings:

The Art of Happiness: A Handbook for Living, HH Dalai Lama and Howard C. Cutler, Riverhead Books, 1998

Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment Martin E. P. Seligman, Free Press, 2002

How Should One Live? Essays on the Virtues, ed. Roger Crisp, Clarendon Press, 1998

The Morality of Happiness, Julia Annas, Oxford University Press, 1993

Happiness: A History, Darrin M. McMahon, New York: Grove Press, 2006

Exploring Happiness: From Aristotle to Brain Science, Sissela Bok, New Haven: Yale University Press, 2010

Happiness: A Guide to Developing Life's Most Important Skill, Matthieu Ricard, New York: Little, Brown and Company, 2007

The Happiness Hypothesis, Jonathan Haidt, New York: Basic Books, 2006

What the Buddha Taught, Walpola Rahula, Grove Press, 1974

The Good Heart: A Buddhist Perspective on the Teachings of Jesus, HH Dalai Lama, Wisdom Publications, 1998

Mindfulness and Meaningful Work: Explorations in Right Livelihood, edited by Claude Whitmyer

Nicomachean Ethics, Aristotle, trans. Martin Ostwald, Bobbs-Merrill Educational Publishing, 1962

Guide to the Good Life: The Ancient Art of Stoic Joy, W. Irvine, Oxford University Press, 2008

Treatise on Happiness, Saint Thomas Aquinas, University of Notre Dame Press, 2001

Living Love, Francis de Sales, ed. Bernard Bangle, Paraclete Press, 2003

Jesus and Virtue Ethics: Building Bridges between New Testament Studies and Moral Theology, Daniel Harrington, S.J. and James Keenan, S.J., Sheed & Ward, 2002

A Guide to the Bodhisattva Way of Life, Santideva, Snow Lion Publications, 1997

Happiness: A Guide to Developing Life's Most Important Skill, Ricard, M, New

York: Little, Brown and Company, 2007

The Art of Happiness at Work, Dalai Lama and Howard C. Cutler, Riverhead Books, 2003

Making a Life, Making a Living: Reclaiming Your Purpose and Passion in Business and in Life, Mark Albion, Warner Business Books, 2000

Mindfulness and Meaningful Work: Explorations in Right Livelihood, ed. Claude Whitmyer, Parallax Press, 1994

The World of Tibetan Buddhism, HH Dalai Lama, Wisdom Publications, 1995

If Aristotle Ran General Motors, Tom Morris, Henry Holt and Co., 1998

A Primer in Positive Psychology, Christopher Peterson, Oxford University Press, 2006

Pleasure and the Good Life, F. Feldman, Clarendon Press, 2004

Reasons and the Good, Roger Crisp, Clarendon Press, 2006

Value Judgment, J. Griffin, Clarendon Press, 1996

Perfectionism, T. Hurka, Clarendon Press, 1993

What is Good and Why, Richard Kraut, Harvard University Press, 2007

What We Owe to Each Other, T. Scanlon, Kelknap Press, 1998

A Brief History of Happiness, N. White, Blackwell, 2006