Counseling and Applied Psychological Science, Minor

Would you like to promote mental well-being in organizations and help people cope with life's challenges? Gain basic counseling skills and techniques in this program to complement your major.

Description

The minor in counseling and applied psychological science is open to all ASU undergraduate majors and offered on the Polytechnic campus.

Counseling and applied psychology coursework focuses on the promotion of psychological well-being. Students learn basic counseling skills and techniques to complement a variety of social science and health majors, including psychology, public health, interdisciplinary studies, social work and humanities, among many others.

At a Glance

- **College/School:** [College of Integrative Sciences and Arts](https://www.asu.edu/college-integrative-sciences-and-arts)
- **Location:** [Polytechnic campus](https://www.asu.edu/polytechnic)

Program Requirements

Minor Map (Archives)

2019 - 2020 Minor Map

**Required Courses -- 9 credit hours**

- CAP 120: Introduction to Counseling (SB) (3)
- CAP 220: Self in a Multicultural Society (C) (3)
Electives -- 12 credit hours

- CAP 240: Counseling Skills (3)
- CAP 310: Addictions I: Foundations and Basic Principles (3)
- CAP 315: Trauma and Crisis Intervention (3)
- CAP 320: Theories of Counseling and Psychotherapy (3)
- CAP 325: Professional Practice and Ethics in Counseling (3)
- CAP 330: Group Counseling (3)
- CAP 340: Multicultural Counseling Theory and Practice (3)
- CAP 342: Community Outreach, Prevention and Intervention (3)
- CAP 420: School Counseling (3)
- CAP 440: Addictions II: Treatment, Recovery and Relapse Prevention (3)
- FAS 331: Marriage and Family Relationships (SB) (3)
- FAS 370: Family Ethnic and Cultural Diversity (SB & C) (3)
- JUS 305: Principles of Justice Studies (SB) (3)
- PSY 315: Personality Theory and Research (SB) (3)
- PSY 350: Social Psychology (SB) (3)
- PSY 366: Abnormal Psychology (SB) (3)
- PSY 369: Biology of Human Sexuality (3)
- PSY 385: Psychology of Gender (SB) (3)

Depending on a student's undergraduate program of study, prerequisite courses may be needed in order to complete the requirements of this minor.

**Enrollment Requirements**

**GPA Requirement:** 2.00

**Incompatible Majors:** None

**Other Enrollment Requirements:** None

Current ASU undergraduate students may pursue a minor and have it recognized on their ASU transcript at graduation. Students interested in pursuing a minor should consult their academic advisor to declare the minor and to ensure that an appropriate set of courses is taken. Minor requirements appear on the degree audit once the minor is added. Certain major and minor combinations may be deemed inappropriate by the college or department of either the major program or the minor. Courses taken for the minor may not count toward both the major and the minor. Students should contact their academic advisor for more information.