Counseling and Applied Psychological Science, Minor

Would you like to promote mental well-being in organizations and help people cope with life's challenges? Gain basic counseling skills and techniques to complement your major.

Description

Counseling and applied psychology coursework focuses on the promotion of psychological well-being. Students learn basic counseling skills and techniques to complement a variety of social science and health majors, including psychology, public health, interdisciplinary studies, social work and humanities, among many others.

At a Glance

- **College/School:** College of Integrative Sciences and Arts
- **Location:** Polytechnic campus

Program Requirements

Minor Map (Archives)
2020 - 2021 Minor Map

Required Courses -- 9 credit hours

- **CAP 120:** Introduction to Counseling (SB) (3)
- **CAP 220:** Self in a Multicultural Society (C) (3)
- **CAP 240:** Counseling Skills (3)

Electives (choose four courses) -- 12 credit hours

- **CAP 310:** Addictions I: Foundations and Basic Principles (3)
- **CAP 315:** Trauma and Crisis Intervention (3)
Depending on a student's undergraduate program of study, prerequisite courses may be needed in order to complete the requirements of this minor.

**Enrollment Requirements**

**GPA Requirement:** 2.00

**Incompatible Majors:** BS in counseling and applied psychological science

**Other Enrollment Requirements:** None

The minor in counseling and applied psychological science is open to all ASU undergraduate majors.

Current ASU undergraduate students may pursue a minor and have it recognized on their ASU transcript at graduation. Students interested in pursuing a minor should consult their academic advisor to declare the minor and to ensure that an appropriate set of courses is taken. Minor requirements appear on the degree audit once the minor is added. Certain major and minor combinations may be deemed inappropriate by the college or department of either the major program or the minor. Courses taken for the minor may not count toward both the major and the minor. Students should contact their academic advisor for more information.
Contact Information

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