Behavioral Health (Clinical), DBH


Program Description

Degree Awarded: DBH Behavioral Health (Clinical)

The DBH is a global, interdisciplinary degree program that offers an innovative curriculum, a hands-on internship in primary care, and an applied research project for domestic and international students.

Clinical concentration students learn how to translate evidence-based practices that are tailored to fit the needs of the local community, patient population, and health care system. Students are prepared to anticipate trends in health care policy and to leverage their expertise in clinical practice, quality of care, population health and health care costs to thrive in the evolving health care marketplace.

The curriculum addresses the problem of poor health outcomes, barriers to patient access, and rising costs by preparing students to achieve the quadruple aim in health care: improved patient experience of care, population health management, cost-savings, and improved team satisfaction. Students learn how to improve the patient experience of care with evidence-based behavioral interventions to address behavioral problems such as depression, anxiety and trauma, lifestyle habits such as smoking, risky alcohol and drug use, poor nutrition and lack of physical activity, and medication nonadherence. Students master population health approaches to patient engagement, stratification and stepped care, and treat to target outcomes. Students learn to demonstrate cost savings and return on investment by developing the business case for integrated care. The student learning experience includes easy access to online articles, videos and web sites, weekly live webinars with faculty experienced in the field, live peer student webinars, and written assignments that parallel the writing used for clinical and business proposals in the real world.
In the culminating project, students use the quality improvement model to solve key problems in primary care, such as how to improve processes and outcomes, reduce waste, and decrease provider stress and burnout.

The internship program is hands-on in a local primary care clinic with in-person consultation by a licensed DBH faculty member in small group webinar format, a site mentor, and emphasis on clinical performance metrics common in the Patient Centered Medical Home and Accountable Care Organization approaches to primary care.

Students may join special research projects or have the opportunity for a semester of study abroad. The faculty are seasoned veterans representing clinical practice, management and applied research in integrated care.

At a Glance

- **College/School:** College of Health Solutions
- **Location:** online

Degree Requirements

84 credit hours including the required Applied Project Course (IBC 793)

**Required Core (12 credit hours)**
IBC 611 Population-Based Behavioral Health Management (3)
IBC 614 Quality and Performance Measurement, Improvement and Incentives (3)
IBC 718 Healthcare Systems: Organization, Delivery and Economics (3)
IBC 720 Behavioral Health Entrepreneurship (3)
**Concentration (15 credit hours)**
IBC 601 Models of Integrated Primary Care (3)
IBC 603 Brief Interventions in Primary Care (3)
IBC 604 Clinical Medicine/Pathophysiology (3)
IBC 608 Psychopharmacology for the Behavioral Care Provider (3)
IBC 609 Clinical Neuropathophysiology (3)

**Electives or Research (18 credit hours)**

**Other Requirement (6 credit hours)**
IBC 684 Internship (6)

**Culminating Experience (3 credit hours)**
IBC 793 Applied Project (3)

**Additional Curriculum Information**
A previously awarded master's degree from a regionally accredited university or other courses approved by the supervisory committee is required (30 credit hours).

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**Admission Requirements**

Applicants must fulfill the requirements of both the Graduate College and the College of Health Solutions.

Applicants are eligible to apply to the program if they have earned a master's degree, in any field, from a regionally accredited institution.

Applicants must have a minimum of a 3.00 cumulative GPA (scale is 4.00 = "A") in the last 60 hours of their first bachelor's degree program, or applicants must have a minimum of 3.00 cumulative GPA (on a 4.00 scale) in the applicable master's degree.

All applicants must submit:

1. graduate admission application and application fee
2. official transcripts
3. personal statement
4. copy of the applicant's license or license eligibility
5. one professional letter of recommendation
6. updated curriculum vitae or resume
7. program policies acknowledgements
8. video or webcam admission interview (if indicated)
9. proof of English proficiency

**Additional Application Information**

An applicant whose native language is not English (regardless of current residency) must provide proof of English proficiency.

Applicants with master's degrees in counseling, family therapy, nursing, occupational health, and social work, among others, are encouraged to apply. Applicants must be master's degree-level professionals who are either currently employed or aspire to be employed in a clinical capacity within integrated health care.

Licensed and license-eligible are terms defining a license to practice issued by a state licensing board (e.g., Arizona Board of Behavioral Health Examiners, Arizona Board of Occupational Therapy Examiners, etc.). Examples include:

- license-eligible master's degree-level behavioral clinician
- licensed master's degree-level behavioral clinician
- master's degree-level licensed medical or ancillary health care provider (nurse, dietitian, occupational therapist)

**Attend Online**

ASU offers this program in an online format with multiple enrollment sessions throughout the year. Applicants may view the program description and request more information here.

**Application Deadlines**

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**Global Opportunities**

**PLuS Alliance**

The PLuS Alliance combines the strengths of three leading research universities on three continents --- Arizona State University, King's College London and UNSW Sydney --- to create and share knowledge that will solve pressing educational and societal challenges.

Students have the opportunity to collaborate with peers and specialists across the globe through PLuS-partner courses offered online. Through this PLuS Alliance collaboration degree program, students develop
transferable global competencies and gain exposure to international teaching and academic content.
https://www.plusalliance.org/global-learning-network-programmes

Contact Information

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