Clinical Exercise Physiology, MS

NHCEPMS

Program Description

Degree Awarded: MS Clinical Exercise Physiology

This degree program is preparation for a career as a clinical exercise physiologist, someone who usually works in concert with medical professionals to guide exercise and rehabilitation programs for at-risk clients and clients with chronic diseases.

The American College of Sports Medicine is the national association responsible for establishing guidelines and recommendations for exercise testing, prescription and evaluation of research for both healthy populations and those with chronic disease. The ACSM certification for registered clinical exercise physiologist is deemed "ACSM's most prestigious credential for clinical professionals with a master's degree who work with clients currently under the care of a physician for cardiovascular; pulmonary; metabolic; orthopedic or musculoskeletal; neuromuscular; and neoplastic immunological or hematological diseases." This degree program will provide the knowledge, clinical experience and skills needed to prepare individuals for successful completion of the registration examination for the RCEP certification.

At a Glance

- College/School: College of Health Solutions
- Location: Downtown Phoenix campus

Accelerated Degrees

This degree is also offered in an accelerated format with:

Kinesiology, BS

Acceptance to the graduate program requires a separate application. During their junior and senior years, eligible students will be advised by their academic departments to apply.
Degree Requirements

36 credit hours and a written comprehensive exam

Required Core (24 credit hours)
EXW 501 Research Statistics (3)
EXW 536 Physiological Aspects of Physical Activity and Chronic Disease (3)
EXW 542 Health Promotion (3)
EXW 560 Cardiopulmonary Rehabilitation (3)
EXW 562 Functional Assessment and Exercise Prescription for Older Adults (3)
EXW 565 Cardiovascular and Pulmonary Physiology (3)
EXW 568 Management and Treatment of Chronic Disease for the Clinical Exercise Physiologist (3)
KIN 547 ECG Interpretation (3)

Electives (2 credit hours)
EXW 591 Seminar (2)

Research (4 credit hours)
EXW 500 Research Methods (3)
EXW 592 Research (1)

Other Requirement (6 credit hours)
EXW 584 Clinical Exercise Physiology Internship (6)

Culminating Experience (0-6 credit hours)
written comprehensive exam or
EXW 599 Thesis (6)

Additional Curriculum Information
Students take EXW 591 in two terms for 1 credit hour each.

Thesis students must pass a written and oral comprehensive exam.

Students who select the thesis option are not required to participate in the six credit hours of EXW 584 Clinical Exercise Physiology Internship.

Admission Requirements

Applicants must fulfill the requirements of both the Graduate College and the College of Health Solutions.
Applicants are eligible to apply to the program if they have earned a bachelor's or master's degree in exercise science, exercise physiology, kinesiology or a closely related field from a regionally accredited institution.

Applicants must have a minimum of a 3.00 cumulative GPA (scale is 4.00 = "A") in the last 60 hours of the student's first bachelor's degree program, or applicants must have a minimum of a 3.00 cumulative GPA (scale is 4.00 = "A") in an applicable master's degree program.

All applicants must submit:

1. graduate admission application and application fee
2. official transcripts
3. GRE scores
4. letter of intent
5. three letters of recommendation
6. proof of English proficiency

Additional Application Information
An applicant whose native language is not English (regardless of current residency) must provide proof of English proficiency.

There is no required foreign language exam.

All qualified applicants will be admitted providing they have met all requirements for admission. Admission will not be limited to any target number of students unless enrollment exceeds the projected capacity of the program to provide an adequate, quality program. In the case of space limitations, applicants will be prioritized based on GRE scores, GPA, letters of reference and letter of intent for admission to the program.

**Deadlines**

**Fall**

Contact Information

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