Nutrition, BS

Learn about essential nutrients and how nutrition supports health, and be well-prepared for a career advancing health through nutrition, with diverse options in hospitals, nonprofits, education, private practice, media, public health and government.

Program Description

The BS program in nutrition provides students with the ability to apply nutrition principles in a variety of fields based on one of the following tracks.

Food and nutrition management --- Students develop an understanding of the food industry, learn to manage and market food, and develop a food or menu that meets a specific nutritional guideline, preparing them to apply their knowledge to food production.

Nutrition communication --- Students become experts in communicating health and nutrition information through nutrition courses that provide content for the articles students write in their communication-related studies. This track provides students with a strong understanding of the scientific method, statistics, nutrition, health care and wellness that some traditional journalists might lack.

Food studies --- Students gain knowledge in all aspects of food and food production through a strong foundation in nutrition, food systems and food marketing.

At a Glance

- **College/School:** College of Health Solutions
- **Location:** Downtown Phoenix campus or online

- **Additional Program Fee:** Yes
- **Second Language Requirement:** No
- **First Required Math Course:** MAT 142 - College Mathematics
- **Math Intensity:** General
Required Courses (Major Map)

2019 - 2020 Major Map (On-campus)
2019 - 2020 Major Map (Online)
Major Map (Archives)

Admission Requirements

General University Admission Requirements:

All students are required to meet general university admission requirements.
Freshman | Transfer | International | Readmission

Change of Major Requirements

A current ASU student has no additional requirements for changing majors. Students should refer to https://students.asu.edu/changingmajors for information about how to change a major to this program.

Attend Online

ASU offers this program in an online format with multiple enrollment sessions throughout the year. Applicants may view the program description and request more information here.

Transfer Options

ASU is committed to helping you thrive by offering tools that allow you to personalize your transfer path to ASU. Students may use the Transfer Map search to outline a list of recommended courses to take prior to transfer.

ASU has transfer partnerships in Arizona and across the country to create a simplified transfer experience for students. These pathway programs include exclusive benefits, tools, and resources and help students save time and money in their college journey. Learn more about these programs by visiting the Admissions site.

Global Opportunities

PLuS Alliance
Global Experience
With over 250 programs in more than 65 countries ranging from one week to one year, study abroad is possible for all ASU students wishing to gain global skills and knowledge in preparation for a 21st-century career. Students earn ASU credit for completed courses, while staying on track for graduation, and may apply financial aid and scholarships toward program costs. https://mystudyabroad.asu.edu/

The College of Health Solutions recommends the following study abroad programs for students majoring in nutrition: http://links.asu.edu/SAO.nutrition.

Global Degree

Career Opportunities

According to the National Restaurant Association, the number of food service managers is projected to increase by 15 percent in the next 10 years.

The food and nutrition management track prepares students to become food service directors at schools, health care facilities and corporate food service operations. Graduates of the program aspire to own restaurants or nutrition-related businesses, work in supplement or pharmaceutical sales, or work in food marketing and distribution.

The nutrition communication track offers employment opportunities with community and health care agencies, magazines, newspapers, private corporations (e.g., public relations firms) and Web-based companies. Graduates can pursue careers as authors, consultants in program or product development, freelance writers for newspapers and magazines, and public relations representatives for food and beverage companies.

The food studies track prepares graduates for careers in food media, food policy, food history, culinary and food tourism, food product marketing and food product development.

Career examples include but are not limited to those shown in the following list. Advanced degrees or certifications may be required for academic or clinical positions.

<table>
<thead>
<tr>
<th>Career</th>
<th>*Growth</th>
<th>*Median Salary</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Health Worker</td>
<td>18.1%</td>
<td>$38,370</td>
</tr>
<tr>
<td>Copy Writer</td>
<td>7.6%</td>
<td>$61,820</td>
</tr>
<tr>
<td>Occupation</td>
<td>Change</td>
<td>Salary</td>
</tr>
<tr>
<td>------------------------------------------------</td>
<td>--------</td>
<td>----------</td>
</tr>
<tr>
<td>Food Quality Analyst</td>
<td></td>
<td>$23,340</td>
</tr>
<tr>
<td>Food Quality Control Technician (Food QC Technician)</td>
<td>6.3%</td>
<td>$39,910</td>
</tr>
<tr>
<td>Food Scientist</td>
<td>5.7%</td>
<td>$63,660</td>
</tr>
<tr>
<td>Food Service Manager</td>
<td>9.3%</td>
<td>$31,960</td>
</tr>
<tr>
<td>Green Marketer</td>
<td>5.5%</td>
<td>$106,130</td>
</tr>
<tr>
<td>Public Relations Specialist</td>
<td>8.8%</td>
<td>$59,300</td>
</tr>
<tr>
<td>Restaurant Manager</td>
<td>9.0%</td>
<td>$52,030</td>
</tr>
<tr>
<td>Technical Writer</td>
<td>11.0%</td>
<td>$70,930</td>
</tr>
</tbody>
</table>

* Data obtained from the Occupational Information Network (O*NET) under sponsorship of the U.S. Department of Labor/Employment and Training Administration (USDOL/ETA).

🌞 Bright Outlook  🌿 Green Occupation

**Contact Information**

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