Integrative Health, BS

Integrative health is an emerging field focused on integrative and holistic health, providing you with a broader perspective on treatment using approaches from allopathic and complementary medicine to elicit the best health outcomes.

Program Description

The BS program in integrative health provides a foundation in integrative health, a holistic approach to wellness that focuses on the mind, body and spirit. The program provides students with a foundation of innovative and interprofessional approaches to serving and supporting diverse populations.

Students learn to differentiate the ethics, legalities and standards of practice of integrative health and to think critically about different therapies, modalities and practitioners. Coursework and experiences include an emphasis on research and evidence-based practices and gaining an understanding of the historical and cultural foundations of the integrative health field.

Students learn to understand the ethics, legalities and standards of practice of integrative health; think critically about different therapies, modalities and practitioners; and develop a holistic approach to wellness that focuses on the mind, body and spirit.

This degree program has the same prerequisites as the nursing major; therefore, students may transition seamlessly to this program and obtain a bachelor's degree in a health-related field.

At a Glance

- **College/School:** College of Nursing and Health Innovation
- **Location:** Downtown Phoenix campus, West campus or online
- **Additional Program Fee:** Yes
- **Second Language Requirement:** No
- **First Required Math Course:** MAT 142 - College Mathematics
Required Courses (Major Map)

2019 - 2020 Major Map (On-campus)
2019 - 2020 Major Map (Online)
Major Map (Archives)

Accelerated Degrees

This program allows students to choose either a 2.5- or a 3-year path while participating in the same high-quality educational experience of a 4-year option. Students can opt to fast-track their studies after acceptance into a participating program by connecting with their academic advisor. Fast track options appear at the top of the major map.

Admission Requirements

General University Admission Requirements:

All students are required to meet general university admission requirements.

Change of Major Requirements

A current ASU student has no additional requirements for changing majors. Students should see https://students.asu.edu/changingmajors for information about how to change a major to this program.

Attend Online

ASU offers this program in an online format with multiple enrollment sessions throughout the year. Applicants may view the program description and request more information here.

Transfer Options

ASU is committed to helping you thrive by offering tools that allow you to personalize your transfer path to ASU. Students may use the Transfer Map search to outline a list of recommended courses to take prior to...
ASU has transfer partnerships in Arizona and across the country to create a simplified transfer experience for students. These pathway programs include exclusive benefits, tools, and resources and help students save time and money in their college journey. Learn more about these programs by visiting the Admissions site.

Global Opportunities

PLuS Alliance
Global Experience

With over 250 programs in more than 65 countries ranging from one week to one year, study abroad is possible for all ASU students wishing to gain global skills and knowledge in preparation for a 21st-century career. Students earn ASU credit for completed courses, while staying on track for graduation, and may apply financial aid and scholarships toward program costs. https://mystudyabroad.asu.edu

Global Degree

Career Opportunities

Graduates are qualified for a career as a patient representative for integrative health, which involves assisting patients in obtaining services and in understanding policies, and in making health care decisions regarding integrative health.

Graduates may be employed in hospitals, doctor offices, wellness and fitness centers, as well as holistic centers. Program graduates may obtain employment as:

- health educators
- health services administrators
- health specialists
- office managers
- program managers
- project directors

Career examples include but are not limited to those shown in the following list. Advanced degrees or certifications may be required for academic or clinical positions.
<table>
<thead>
<tr>
<th>Career</th>
<th>*Growth</th>
<th>*Median Salary</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advocate</td>
<td>16.4%</td>
<td>$33,120</td>
</tr>
<tr>
<td>Certified Health Education Specialist (CHES)</td>
<td>14.5%</td>
<td>$53,940</td>
</tr>
<tr>
<td>Community Health Worker</td>
<td>18.1%</td>
<td>$38,370</td>
</tr>
<tr>
<td>Health Care Support Worker (General)</td>
<td>11.7%</td>
<td>$37,220</td>
</tr>
<tr>
<td>Health Practitioner</td>
<td>13.3%</td>
<td>$73,830</td>
</tr>
<tr>
<td>Health Technician (General)</td>
<td>19.7%</td>
<td>$41,800</td>
</tr>
<tr>
<td>Healthcare Professor</td>
<td>25.9%</td>
<td>$97,870</td>
</tr>
<tr>
<td>Medical and Health Services Manager</td>
<td>20.5%</td>
<td>$98,350</td>
</tr>
<tr>
<td>Patient Advocate</td>
<td>4.9%</td>
<td>$32,890</td>
</tr>
<tr>
<td>Social Services Director</td>
<td>18.0%</td>
<td>$64,100</td>
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</tbody>
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* Data obtained from the Occupational Information Network (O*NET) under sponsorship of the U.S. Department of Labor/Employment and Training Administration (USDOL/ETA).

🌞 Bright Outlook  🌿 Green Occupation

**Contact Information**

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