Integrative Health, Minor

NUIHLMIN

Description

The integrative health minor program provides students with the foundational knowledge they need to approach health from a holistic perspective that focuses on the mind, body and spirit. This program provides an overview of holistic approaches as well as emphasizes research, evidence-based approaches and the legal, ethical, historical and cultural foundations of integrative health care.

At a Glance

- **College/School:** Edson College of Nursing and Health Innovation
- **Location:** Downtown Phoenix campus, West campus

Program Requirements

Minor Map (Archives)
2021 - 2022 Minor Map

This minor requires 18 credit hours. A "C" (2.00 on a 4.00 scale) or better is required in all courses.

Required Courses -- 15 credit hours

HCR 241: Foundations of Integrative Health (3)
HCR 341: Biological, Manipulative, and Body-Based Therapies (3)
HCR 342: Mind-Body and Energy Therapies and Modalities (3)
HCR 343: Historical and Cultural Foundations of Integrative Health Care (3)
HCR 440: Interprofessional Approaches to Integrative Health Care (3)

Elective -- 3 credit hours

BIO OR CHM Elective (3-4)
Depending on a student's undergraduate program of study, prerequisite courses may be needed in order to complete the requirements of this minor.

**Enrollment Requirements**

**GPA Requirement:** 2.00

**Incompatible Majors:** BS in integrative health

**Other Enrollment Requirements:** None

Current ASU undergraduate students may pursue a minor and have it recognized on their ASU transcript at graduation. Students interested in pursuing a minor should consult their academic advisor to declare the minor and to ensure that an appropriate set of courses is taken. Minor requirements appear on the degree audit once the minor is added. Certain major and minor combinations may be deemed inappropriate by the college or department of either the major program or the minor. Courses taken for the minor may not count toward both the major and the minor. Students should contact their academic advisor for more information.

**Career Opportunities**

Students pursuing a minor find the courses in a minor complement and enhance the skill sets and knowledge acquired while pursuing their major program. Although most career areas require more training than a minor can provide, students completing the integrative health minor often pursue employment in an organization focused on health care.

**Contact Information**

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