Integrative Health, Minor

NUIHLTMIN

Description

The integrative health minor program provides students with the foundational knowledge to approach health from a holistic perspective that focuses on the mind, body and spirit. The minor program provides an overview of holistic approaches as well as emphasizes research, evidence-based approaches and the legal, ethical, historical and cultural foundations of integrative health care.

At a Glance

- **College/School:** College of Nursing and Health Innovation
- **Location:** Downtown Phoenix campus, West campus

Program Requirements

This minor requires 18 credit hours.

**Required Courses -- 15 credit hours**

- HCR 241: Foundations of Integrative Health (3)
- HCR 341: Biological, Manipulative, and Body-Based Therapies (3)
- HCR 342: Mind-Body and Energy Therapies and Modalities (3)
- HCR 343: Historical and Cultural Foundations of Integrative Health Care (3)
- HCR 440: Interprofessional Approaches to Integrative Health Care (3)

**Elective -- 3 credit hours**

- BIO OR CHM Elective (3-4)

A "C" (2.00 on a 4.00 scale) or better is required in all courses.
Depending on a student's undergraduate program of study, prerequisite courses may be needed in order to complete the requirements of this minor.

**Enrollment Requirements**

**GPA Requirement:** minimum 2.00 GPA

**Majors Ineligible to Add This Minor:** BS in integrative health

**Other Enrollment Requirements:** None

Current ASU undergraduate students may pursue a minor and have it recognized on their ASU transcript at graduation. Students interested in pursuing a minor should consult their academic advisor to declare the minor and to ensure that an appropriate set of courses is taken. Minor requirements appear on the degree audit once the minor is added. Certain major and minor combinations may be deemed inappropriate by the college or department of either the major program or the minor. Courses taken for the minor may not count toward both the major and the minor. Students should contact their academic advisor for more information.

**Contact Information**

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