Recreation Therapy, **Minor**

Learn the basics of therapeutic recreation and develop specialized skills to facilitate activity-based interventions. The minor in recreational therapy will give you an edge with career opportunities.

**Description**

A minor in recreational therapy exposes students to the field of therapeutic recreation. They develop the knowledge to assess individuals, develop service plans, implement therapeutic interventions, and evaluate and document outcomes of care, supporting the wellness of their communities through therapeutic recreation.

Completion of the minor provides students with a portion of the requirements needed for eligibility to take the national certification exam through the National Council for Therapeutic Recreation Certification: [https://nctrc.org/about-certification/ctrs-the-qualified-provider/](https://nctrc.org/about-certification/ctrs-the-qualified-provider/).

**At a Glance**

- **College/School:** [Watts College of Public Service & Community Solut](#)
- **Location:** [Downtown Phoenix campus](#)

**Program Requirements**

[Minor Map (Archives)](#)
[2021 - 2022 Minor Map](#)

The recreational therapy minor requires completion of 18 credit hours: 9 credit hours of required courses and 9 credit hours of elective courses.

PRM 400, PRM 406, and PRM 450 are offered in spring semester only.
PRM 453 and PRM 460 are offered in fall semester only.

**Core Courses -- 9 credit hours**

- **PRM 364: Foundations of Recreation Therapy (SB) (3)**
- **PRM 400: Intervention Techniques in Recreational Therapy (3)**
- **PRM 460: Assessment and Documentation in Recreational Therapy (3)**

**Therapeutic Recreation Electives (choose three courses) -- 9 credit hours**

For students seeking the national credential in therapeutic recreation, select two courses from PRM 406, 413, 440, 450 or 455.

- **PRM 384: Recreational Therapy Practicum (3)**
- **PRM 406: Program Design and Administration in Recreational Therapy (3)**
- **PRM 413: Leadership and Professional Development in Recreation Therapy (3)**
- **PRM 440: Advocacy in Therapeutic Recreation (3)**
- **PRM 450: Therapeutic Recreation and Community Health (3)**
- **PRM 453: Inclusive and Adaptive Sports and Recreation (3)**
- **PRM 455: Recreational Therapy with Children, Youth and Families (3)**

Depending on a student's undergraduate program of study, prerequisite courses may be needed in order to complete the requirements of this minor.

**Enrollment Requirements**

**GPA Requirement:** 2.50

**Incompatible Majors:** BS in recreation therapy; BS in parks and recreation management (therapeutic recreation)

**Other Enrollment Requirements:** none

Current ASU undergraduate students may pursue a minor and have it recognized on their ASU transcript at graduation. Students interested in pursuing a minor should consult their academic advisor to declare the minor and to ensure that an appropriate set of courses is taken. Minor requirements appear on the degree audit once the minor is added. Certain major and minor combinations may be deemed inappropriate by the college or department of either the major program or the minor. Courses taken for the minor may not count toward both the major and the minor. Students should contact their academic advisor for more information.

**Career Opportunities**

Graduates with a minor in recreational therapy can find opportunities in diverse settings involving a wide range of areas, including recreation, therapy and hospital settings.