Program Description

Degree Awarded: Certificate Assessment of Integrative Health Modalities (certificate)

The graduate certificate program in assessment of integrative health modalities embraces lifelong learning with the development of an ongoing mindfulness practice for all health care professionals. The curriculum focuses on integrative health, the current term used by practitioners in the field who feel strongly that treating the whole person (body, mind and spirit) is the route to the highest quality of health and well-being.

Created to broaden a student's repertoire of skills, tools and techniques in providing holistic, well-rounded care to patients, clients and consumers, this certificate program provides students with extensive knowledge on integrative health and gives a practice base for mindfulness. This is achieved through evidenced-based readings and expert lectures from community health professionals and ASU faculty drawn from across disciplines. The required culminating experience can be one of three options: an approved research topic for a paper, a pre-approved community activity in which students highlight their mastery and application of the certificate content, or, if approved, a semester internship as a wellness program manager at an ASU facility.

At a Glance

- **College/School:** Watts College of Public Service & Community Solut
- **Location:** Downtown Phoenix campus

Degree Requirements

15 credit hours
Required Core (9 credit hours)
SWG 655 Quality of Life, Mastering Mindfulness (3)
SWG 656 Treating the Whole Person (3)
SWG 657 Holistic Therapies for Modern Times (3)

Transdisciplinary Electives (6)

Additional Curriculum Information
After the completion of the three approved courses and prior to completing the last course of the program, students are required to complete a research project highlighting their certificate experience.

Admission Requirements

Applicants must fulfill the requirements of both the Graduate College and the Watts College of Public Service and Community Solutions.

Applicants are eligible to apply to the program if they have earned a bachelor's or master's degree in health or human services or a related field from a regionally accredited institution.

Applicants must have a minimum of a 3.00 cumulative GPA (scale is 4.00 = "A") in the last 60 hours of a student's first bachelor's degree program, or applicants must have a minimum of a 3.00 cumulative GPA (scale is 4.00 = "A") in an applicable master's degree program.

All applicants must submit:

1. graduate admission application and application fee
2. official transcripts
3. proof of English proficiency

In addition, applicants are required to submit to the School of Social Work:

1. a resume
2. a one- to two-page statement
3. the School of Social Work application to the assessment of integrative health modalities certificate program

Additional Application Information
An applicant whose native language is not English (regardless of current residency) must provide proof of English proficiency.
This certificate is open to professionals in social work, nursing or related health and human service professions from the community as well as to students currently admitted to a health and human services degree program at the master's or doctoral level.

No more than two certificate courses may be completed before applying for admission to the certificate program.

**Contact Information**

School of Social Work | UCENT 800
social.work@asu.edu | 602-496-0800