Program Requirements

The recreational therapy minor requires completion of 18 credit hours: 12 credit hours of required courses and six credit hours of elective courses.

PRM 400, PRM 406, PRM 440 and PRM 450 are Spring only courses
PRM 453 and PRM 460 are Fall only courses
For students seeking the national credential in therapeutic recreation through the National Council for Therapeutic Recreation Certification [https://nctrc.org/](https://nctrc.org/), select two courses from PRM 413, 440, 450 OR 455.

Core Courses -- 12 credit hours

PRM 364: Foundations of Recreation Therapy (SB) (3)
PRM 400: Intervention Techniques in Recreation Therapy (3)
PRM 406: Program Design and Administration in Recreation Therapy (3)
PRM 460: Assessment & Documentation in Recreation Therapy (3)

Therapeutic Recreation Electives -- 6 credit hours

PRM 413: Leadership and Professional Development in Recreation Therapy (3)
PRM 440: Advocacy in Therapeutic Recreation (3)
PRM 450: Therapeutic Recreation and Community Health (3)
PRM 453: Inclusive and Adaptive Sports and Recreation (3)
PRM 455: Recreational Therapy with Children, Youth and Families (3)

Depending on a student's undergraduate program of study, prerequisite courses may be needed in order to complete the requirements of this minor.