# 2018 - 2019 Major Map

## Health Education and Health Promotion, BS

**School/College:** College of Health Solutions  
**Location:** Downtown Phoenix campus, ASU@Lake Havasu  
**NHHEHPBS**

### Term 1 - 16 Credit Hours

<table>
<thead>
<tr>
<th>Critical course signified by</th>
<th>Hours</th>
<th>Minimum Grade</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHS 101: The ASU Experience for Health Solutions Students</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>EXW 100: Introduction to Health and Wellness (SB)</td>
<td>3</td>
<td>C</td>
<td></td>
</tr>
<tr>
<td>ENG 101 or ENG 102: First-Year Composition OR ENG 105: Advanced First-Year Composition OR ENG 107 or ENG 108: First-Year Composition</td>
<td>3</td>
<td>C</td>
<td></td>
</tr>
<tr>
<td>MAT course (MA)</td>
<td>3</td>
<td>C</td>
<td></td>
</tr>
<tr>
<td>Health &amp; Well-Being</td>
<td>3</td>
<td>C</td>
<td></td>
</tr>
<tr>
<td>Humanities, Arts and Design (HU) AND Global Awareness (G)</td>
<td>3</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Term hours subtotal:** 16

- An SAT, ACT, Accuplacer, IELTS or TOEFL score determines placement into first-year composition courses
- Mathematics Placement Assessment score determines placement in mathematics course
- ASU 101 or college-specific equivalent First-Year Seminar required of all freshman students
- Students who plan to apply to a graduate program after graduation may wish to take a higher level math than that required for this degree. If the student decides to do so but tests into MAT 117 in term 1, an elective later in the program may be used to take a higher level math.
- Create a first draft resume.

### Term 2 - 16 - 32 Credit Hours

<table>
<thead>
<tr>
<th>Critical course signified by</th>
<th>Hours</th>
<th>Minimum Grade</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSY 101: Introduction to Psychology (SB)</td>
<td>3</td>
<td>C</td>
<td></td>
</tr>
<tr>
<td>CHM 107: Chemistry and Society (SQ) AND CHM 108: Chemistry and Society Laboratory (SQ) OR CHM 101: Introductory Chemistry (SQ) OR CHM 113: General Chemistry I (SQ) OR BIO 181: General Biology I (SQ)</td>
<td>4</td>
<td>C</td>
<td></td>
</tr>
<tr>
<td>ENG 101 or ENG 102: First-Year Composition OR ENG 105: Advanced First-Year Composition OR ENG 107 or ENG 108: First-Year Composition</td>
<td>3</td>
<td>C</td>
<td></td>
</tr>
<tr>
<td>EXW 102: Principles and Foundations of Health Education and Health Promotion</td>
<td>3</td>
<td>C</td>
<td></td>
</tr>
<tr>
<td>Elective</td>
<td>3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Complete ENG 101 OR ENG 105 OR ENG 107 course(s).</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Term hours subtotal:** 16

- Join a student club or professional organization.

### Term 3 - 32 - 48 Credit Hours

<table>
<thead>
<tr>
<th>Critical course signified by</th>
<th>Hours</th>
<th>Minimum Grade</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIO 201: Human Anatomy and Physiology I (SG)</td>
<td>4</td>
<td>C</td>
<td></td>
</tr>
<tr>
<td>STP 226: Elements of Statistics (CS) OR PSY 230: Introduction to Statistics (CS)</td>
<td>3</td>
<td>C</td>
<td></td>
</tr>
<tr>
<td>NTR 241: Human Nutrition OR NTR 100: Introductory Nutrition</td>
<td>3</td>
<td>C</td>
<td></td>
</tr>
<tr>
<td>Humanities, Arts and Design (HU) AND Historical Awareness (H)</td>
<td>3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Elective</td>
<td>3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Complete Mathematics (MA) requirement.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Complete First-Year Composition requirement.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- Develop your skills.
<table>
<thead>
<tr>
<th>Term hours subtotal:</th>
<th>16</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Term 4</strong> 48 - 64 Credit Hours</td>
<td>Critical course signified by 🌟</td>
</tr>
<tr>
<td><strong>BIO 202: Human Anatomy and Physiology II (SG)</strong></td>
<td>4</td>
</tr>
<tr>
<td>Health Informatics &amp; Problem Solving</td>
<td>3</td>
</tr>
<tr>
<td>Literacy and Critical Inquiry (L) OR Elective</td>
<td>3</td>
</tr>
<tr>
<td>Complete 2 courses:</td>
<td></td>
</tr>
<tr>
<td>Elective</td>
<td>6</td>
</tr>
<tr>
<td>Term hours subtotal:</td>
<td>16</td>
</tr>
<tr>
<td><strong>Term 5</strong> 64 - 76 Credit Hours</td>
<td>Necessary course signified by ✡</td>
</tr>
<tr>
<td>✡ EXW 340: Health Behavior Theory</td>
<td>3</td>
</tr>
<tr>
<td>EXW 348: Methods of Health Education</td>
<td>3</td>
</tr>
<tr>
<td>PBH 310: Epidemiology in Public Health OR EXW 444: Epidemiology</td>
<td>3</td>
</tr>
<tr>
<td>Upper Division HEHP Major Electives</td>
<td>3</td>
</tr>
<tr>
<td>Term hours subtotal:</td>
<td>12</td>
</tr>
<tr>
<td><strong>Term 6</strong> 76 - 92 Credit Hours</td>
<td>Necessary course signified by 🌟</td>
</tr>
<tr>
<td>🌟 EXW 284: Exercise and Wellness PreInternship</td>
<td>1</td>
</tr>
<tr>
<td>EXW 450: Social Determinants of Health and Health Behavior (L or SB) &amp; C</td>
<td>3</td>
</tr>
<tr>
<td>EXW 454: Health Promotion Program Planning and Implementation</td>
<td>3</td>
</tr>
<tr>
<td>EXW 456: Health Promotion Program Evaluation</td>
<td>3</td>
</tr>
<tr>
<td>Complete 2 courses:</td>
<td></td>
</tr>
<tr>
<td>Upper Division HEHP Major Electives</td>
<td>6</td>
</tr>
<tr>
<td>Complete Cultural Diversity in the U.S. (C) AND Global Awareness (G) AND Historical Awareness (H) course(s).</td>
<td></td>
</tr>
<tr>
<td>Term hours subtotal:</td>
<td>16</td>
</tr>
<tr>
<td><strong>Term 7</strong> 92 - 107 Credit Hours</td>
<td>Necessary course signified by 🌟</td>
</tr>
<tr>
<td>🌟 EXW 452: Health Advocacy in Health Education</td>
<td>3</td>
</tr>
<tr>
<td>EXW 466: Health Promotion Program Management and Administration</td>
<td>3</td>
</tr>
<tr>
<td>EXW 400: Stress Management for Wellness</td>
<td>3</td>
</tr>
<tr>
<td>EXW 476: Community Health</td>
<td>3</td>
</tr>
<tr>
<td>Upper Division HEHP Major Electives</td>
<td>3</td>
</tr>
<tr>
<td>Term hours subtotal:</td>
<td>15</td>
</tr>
<tr>
<td><strong>Term 8</strong> 107 - 120 Credit Hours</td>
<td>Necessary course signified by 🌟</td>
</tr>
<tr>
<td>🌟 Upper Division HEHP Major Electives</td>
<td>4</td>
</tr>
</tbody>
</table>
All undergraduate students pursuing a BS degree in the College of Health Solutions must complete one course in each of four competency areas: Health & Well-Being, Health Communication, Health Informatics & Problem Solving, and Teamwork & Leadership in Health. No course may be used to fill more than one competency area for a student. For purposes of graduation, the only courses that will satisfy the Health & Well-Being category are CHS 100 and (for transfer students with more than 45 hours) CHS 300.

If the course chosen to fulfill the Upper Division HEHP Major Elective also meets a college competency, the student will need an additional 3 credit elective to help meet University requirements.
General University Requirements Legend

General Studies Core Requirements:
- Literacy and Critical Inquiry (L)
- Mathematical Studies (MA)
- Computer/Statistics/Quantitative Applications (CS)
- Humanities, Arts and Design (HU)
- Social-Behavioral Sciences (SB)
- Natural Science - Quantitative (SQ)
- Natural Science - General (SG)

General Studies Awareness Requirements:
- Cultural Diversity in the U.S. (C)
- Global Awareness (G)
- Historical Awareness (H)

First-Year Composition

General Studies designations listed on the major map are current for the 2018 - 2019 academic year.